

SEEKING SABBATH

Lesson 1: Sabbath Soundings

Starter question: What comes to mind when you think about Sabbath?

When people talk about Sabbath, what do they usually talk about?
What do they say it is?

Sabbath Soundings

- What is the historical and literary context of the reference?
- To whom is it addressed?
- What does it reveal about the meaning or practice of Sabbath?
- What, if any, connection or application might you make from this text to our modern context?

Genesis 2:1-3

Exodus 16:16-20

Exodus 20:8-11; Deuteronomy 5:12-15

Exodus 31:12-17

Isaiah 1:12-14 & 66:22-24

Ezekiel 20:1-26

Amos 8:4-8; Isaiah 58:13-14

Nehemiah 13:15-22

Luke 6:1-10

John 5:1-17

Hebrews 3-4

Some preliminary observations

1. Sabbath is a _____ if not _____ theme in the OT.
2. Sabbath is a concept _____ in the OT.
3. No one text _____ the Sabbath.
4. Sabbath was a significant issue in the story of _____ and _____.
5. Sabbath was a matter of _____ in Jesus's _____ ministry.
6. The _____ does not make much of the issue of Sabbath directly.

Why Study Sabbath?